

THE MENU

- SERVED DAILY -

MON - SAT 12 - 3PM & 4 - 9PM | SUN & BANK HOLS 12 - 8PM

PLANT BASED* VEGETARIAN^o

• BRUNCH & LUNCH •

BRUNCH CIABATTA 9

bacon • sausage • fried egg

DUCK CONFIT 9

avocado • crispy onions • chilli sauce

EGGS BENEDICT 9.5

poached eggs • hollandaise • toasted muffin + your choice of two...

avocado^o • bacon • chorizo • ham • smoked salmon • spinach^o

SUN SANDWICHES

On doorstep brown or ciabatta bread with a side of crisps

parma ham • goats cheese • pesto 8.5

steak • onion • mustard 8.5

bacon • brie • cranberry 8.5

ploughman's • sweet pickle 7.5

smoked salmon • cream cheese • cucumber 8.5

Lancaster Blonde fish goujons • tartar sauce 8.5

grilled aubergine • halloumi • siracha^o 8.5

hummus • red pepper • avocado * 7.5

• SMALL PLATES •

SOUP OF THE DAY * 6

doorstop bread • butter

HAM HOCK TERRINE 8

pistachio granola • apricot gel • sourdough

PORK SCHNITZEL 8.5

parmesan • lemon & garlic butter • red pepper mayo

MOULES MARINIÈRE 8

white wine • garlic • cream • fresh herbs • bread • butter

ORDER AS STARTERS, SHARERS OR SNACKS

LOADED HUMMUS * 6.5

olives • rocket • onions • herb oil

WILD MUSHROOM LINGUINE * 7.5

root vegetables • spinach • cream • nuts • seeds [add parmesan^o 50p]

KING PRAWNS 8.5

chipotle & spring onion butter • sourdough bread

CAULIFLOWER SCHNITZEL * 8

lemon & garlic butter • cauliflower & pine nut pesto

FOR WHEN YOU NEED A BIT ON THE SIDE...

HALLOUMI FRIES • CHILLI MAYO^o 6

HONEY MUSTARD CHIPOLATAS • MUSTARD MAYO 5.5

CHIPS^o 3.5

SWEET POTATO FRIES^o 4

POSH CHIPS • TRUFFLE • PARMESAN^o 6

BREAD • OIL • BUTTER^o 3

OLIVES * 4.5

HOUSE SALAD * 3

SIDES

SERVICE: PLEASE PLACE YOUR ORDER AT THE BAR OR PRESS YOUR TABLE BUZZER IF AVAILABLE AND WE'LL COME TO YOU. DON'T WORRY ABOUT TABLE NUMBERS - THERE AREN'T ANY!

WE COOK EVERYTHING FRESH TO ORDER SO THERE MAY BE A WAIT AT PEAK TIMES. WE'LL DO OUR BEST TO KEEP YOU INFORMED BUT REST ASSURED, WE'LL BE WORKING AS FAST AS WE CAN AT ALL TIMES!

WWW.THESUNHOTELANDBAR.CO.UK

☎ 01524 66006

Food allergies and/or intolerances: please let us know of any and all food allergies/intolerances when placing your order, even if they do not seem relevant to the dish you are ordering. We prepare all food in areas where allergens are handled so cannot guarantee there will be no cross-contamination. If you would like to see our allergen menu, wish to discuss the ingredients we use or whether we can make substitutions to dishes please ask a member of staff.

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PLANT BASED* VEGETARIAN^o

• SUNNY BURGERS •

All served with brioche, house slaw & chips

BARN BURGER 15

7oz beef burger • chilli tomato jam • gherkin • bacon • Lancashire cheese • mustard mayo

COOP BURGER 14.5

panko breadcrumb chicken • spicy orange & honey mustard sauce

FELLSIDE BURGER 14.5

Moroccan spiced lamb • mint yoghurt • red pepper aioli

ALLOTMENT BURGER* 13.5

pistachio falafel • harissa crumbed cauliflower • avocado • chilli mayo

PLANT-BASED BURGER* 13.5

meatless burger • oinkless bacon • hummus • mayo

• BIG PLATES •

PAN-FRIED SEABASS 17

burnt cauliflower purée • butter bean & chorizo stew • hollandaise sauce • chive oil

DUCK DUO 19

duck breast • crispy leg croquette • endive • pistachio • apricot • fondant potato • duck jus

24-HOUR ROASTED LAMB SHANK 19.5

minted mash • petits pois a la Francaise

ROASTED CHICKEN 16.5

salt baked celeriac • dauphinoise potato • hazelnut mayo • chicken jus • parmesan crisp

MONKFISH SCAMPI 16

Lancaster Blonde beer batter • panko breadcrumbs • chips • wild garlic mayo • crispy capers • charred lemon

ORDER AS A MAIN COURSE

VEGETABLE PATHIA CURRY * 12

tamarind • lime • cauliflower • tenderstem • spinach • peppers • chickpeas
+ chicken 3.5 + sea bass 5
+ prawns 5 + tofu* 3.5

FISH & CHIPS 14

catch of the day • Lancaster Blonde beer batter • chips • mushy peas • tartar sauce

FAKE "FISH" & CHIPS^o 14

halloumi • Lancaster Blonde beer batter • chips • sweet chilli sauce • chilli mayo

AUBERGINE, FREEKEH & CASHEW TAGINE* 13

soya yoghurt • sourdough

• SWEET PLATES •

CHOCOLATE FONDANT* 7

mango sorbet • nutty flapjack • passionfruit (please allow 15 mins cooking time)

STICKY TOFFEE PUD^o 7

Lancaster Black beer & toffee sponge • toffee sauce • vanilla ice cream

APPLE & WINTER BERRY CRUMBLE^o 7

almond crumb • ice cream

CINNAMON & ORANGE CHEESECAKE^o 7

toasted oats • blood orange

CHEESE PLATE^o 9

trio of Lancashire cheeses • crackers • chutney

• SHARING PLATES •

All served with bread • oils • dips

CARNI-BOARD 25

8oz sous vide bavette steak • chipotle butter • pork schnitzel • honey mustard chipolatas • loaded chips • house slaw

SUN SMORGASBORD 25

Lancashire cheeses • halloumi • smoked salmon • Parma ham • pickled onions • gherkins • chorizo • hummus • house slaw

A SHARING PLATTER FOR TWO OR
A VERY BIG MEAL FOR ONE

FISHY ON A DISH 25

Lancaster Blonde beer battered fish goujons • king prawns • monkfish scampi • smoked salmon • mushy peas • chips • tartar sauce • lemon

EARTH & TURF* 25

cauliflower schnitzel • hummus • wild mushroom, "sausage" & aubergine tagine • avocado • olives • sweet chilli charred veg

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