

## SNACKS & STARTERS

**GARSTANG BLACK & BLUE MUSHROOMS £4.95**  
Sautéed button mushrooms in a Garstang Blue cheese & black pepper sauce served with a wedge of bread.

**DIPPING BOARD £5.50**  
Selection of our homemade hummus, tzatiki and spicy tomato chutney served with baked ciabatta.

**GAMBAS PIL PIL £6.50**  
King prawns pan fried in garlic & chilli with an oven baked ciabatta.

**SCOTTISH HAGGIS £6.00**  
Award winning haggis served simply with a whisky & mustard cream sauce.

**SMOKED HADDOCK FISHCAKES £6.50**  
Homemade haddock and Lancashire Smoked cheese fishcakes with a sweet chilli salsa.

**SUN WINGS £6.00**  
Chicken wings in our own crispy coating, served with garlic & herb mayonnaise and tomato salsa.

**SPICED CUMBRIAN BELLY PORK £5.50**  
Slow cooked belly pork served with apricot puree and pear chutney.

## SOUPS

**£4.50 EACH**  
Our Chefs prepare two of the following soups each day. Please see the Specials Board for today's options. Served with chunky brown bread and butter.

PARSNIP, HONEY & THYME  
OXTAIL  
POTATO & LEEK  
WHITE ONION & CIDER

## CHEESE & DELI BOARDS

3 ITEMS £12.00 6 ITEMS £20.00  
All boards served with a basket of bread or oat crackers and Demel's spicy tomato chutney or pickled onions:

HONEY ROAST HAM  
PARMA HAM  
SALAMI  
PATE  
ROLL MOP HERRING  
SMOKED SALMON  
WHITEBAIT  
PEPPERED MACKEREL  
HUMMUS  
TZATZIKI  
COLLIER'S MATURE CHEDDAR  
SMOKED LANCASHIRE  
TASTY LANCASHIRE  
GARSTANG BLUE  
BRIE  
CHILLI CHEESE  
MANCHEGO  
GRUYERE  
CAMEMBERT  
SAINT AGUR BLUE  
OLD HOLLAND  
JARLSBERG  
LE ROULE  
HUNTSMANS  
WENSLEYDALE & CRANBERRY

## SIDES

CHUNKY CHIPS £2.00  
FRIES £2.00  
ONION RINGS £2.50  
BASKET OF BREAD £2.50  
BASKET OF OAT CRACKERS £2.00  
EXTRA CHUTNEY £1.50  
EXTRA PICKLES £1.50  
HOUSE SALAD £2.50

## KIDS

MINI BURGER & FRIES £6.50  
HAM OR CHEESE TRIANGLE SANDWICHES £6.50  
MINI FISH & CHIPS £6.50  
SAUSAGE & MASH £6.50



THE  
**SUN**  
HOTEL & BAR

**If you suffer from any food allergies or intolerances and would like to find out more about the ingredients we use please ask a member of staff for our Allergen Menu.**



## JUKEBOX



You can use your phone to log on and select songs from our playlist. You just need to text **Juke Sun to 63333** to receive the link

• TEXTS CHARGED AT STANDARD NETWORK RATES •



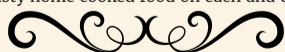
## SERVICE!

**TAKE A SEAT AND ORDER AT THE BAR WHENEVER YOU ARE READY. DON'T WORRY ABOUT TABLE NUMBERS - THERE AREN'T ANY!**

**IF YOU PREFER YOU CAN OPEN A TAB AND MAKE THE MOST OF OUR TABLE SERVICE WHEN OUR TABLE CARDS ARE OUT.**



All our dishes are prepared to your order and regrettably at peak times there may be a bit of a wait. We will always do our best to let you know. We work closely with local suppliers to ensure top quality produce comes into our kitchen so we can provide tasty home cooked food on each and every plate.



### SERVICE TIMES

**BREAKFAST** Mon-Fri 7.30-10.30, Sat 8-11 & Sun & Bank Holidays 8.30-11  
**LUNCH** Mon-Sat 12-3pm Sun & Bank Holidays 12-8pm  
**DINNER** Mon-Thu 4-9pm, Fri 4-8pm, Sat 4-7pm & Sun 12-8pm

\*Please note we may need to finish serving food earlier on Bank Holiday Sundays.

## SANDWICHES

All our Sandwiches are served on ciabatta or brown bread with a salad pot

### CLASSICS (12-3PM)

**BACON & BRIE £6.50**  
Crisp smoked bacon and grilled brie, finished with our homemade spicy tomato chutney.

**LANCASTER PLOUGHMANS £6.50**  
Home cooked ham &/or Lancashire Tasty cheese with sliced beef tomato, onion, baby gem lettuce & Branston pickle.

**THE SUN CHICKEN CAESAR £7.50**  
Strips of marinated chicken with crisp streaky bacon, sliced beef tomato & baby gem lettuce.

**PRAWN & GUACAMOLE £7.50**  
With sour cream, cucumber, beef tomato & baby gem lettuce.

**CHEESE & HAM ON TOAST £6.50**  
Grilled Lancashire cheese mornay with home cooked ham, wild mushrooms and gherkins on an open ciabatta with Lea & Perrins and tabasco.

### POSH BUTTIES

**CHILLI CHICKEN £8.50**  
Breaded chicken fillet topped with chilli monster cheese and a garlic & herb mayonnaise.

**CONFIT DUCK LEG £9.50**  
With hoi sin sauce.

**POSH FISH FINGER BUTTIE £8.00**  
Beer battered strips of cod with homemade tartare sauce and rocket.

**GRILLED GOATS CHEESE & ROASTED MED VEGETABLES £7.50**  
Served with caramelised red onion, hummus and rocket.

**STEAK & CHEESE £9.50**  
Strips of grilled rump steak, wild mushrooms and onions sautéed in garlic topped with Garstang Blue cheese. Finished with our homemade spicy tomato chutney.

*Winter Warmer – add a tankard of one of today's soups to your sandwich for an additional £2.50*

## MAINS

**CONFIT DUCK LEG £12.50**  
Served with creamy dauphinoise potatoes and savoy cabbage, finished with a port jus.

**BRAISED SHIN OF BEEF £13.50**  
Slow cooked beef shin on a bed of herb mashed potatoes, topped with a rich bourguignon sauce.

**SEAFOOD MORNAY £12.75**  
Mixed catch of the day in a thick mornay sauce, topped with Lancashire Smoked cheese & chive mash.

**LANCASTER BEER BATTERED FISH & CHIPS £11.50**  
Fresh haddock fillet coated in Lancaster Blonde beer batter, served with hand cut chips, homemade pea fritter & tartare sauce.

**SAUSAGE & MASH £12.00**  
Trio of locally produced sausages on a bed of herb mash with a rich gravy and beer battered onion rings.

**OVEN BAKED FIELD MUSHROOMS £9.00**  
Stuffed with ratatouille and parmesan.

**MUSHROOM STROGANOFF £9.00**  
Wild mushrooms in a creamy sauce with herb rice.

**CAULIFLOWER & PEA RISOTTO £9.00**  
Topped with parmesan shavings.

**CHICKPEA, SPINACH & PANEER POTATO CURRY £11.50**  
Served with herb rice.

**MIXED BEAN, HALLOUMI & ZUCCHINI CASSOULET £11.50**  
Roasted in a garlic & herb tomato broth, topped with hummus and finished with a side of herb rice.

## 10OZ CLUB

*Steaks are served with grilled plum tomato, sautéed wild mushrooms, beer battered onion rings and a house salad*

10OZ SIRLOIN £18.95  
10OZ RIBEYE £19.95

SAUCES £2.50  
Peppercorn, Diane or Blue Cheese

**THE SUN HOTEL BURGER £12.75**  
Two 5oz burgers topped with streaky bacon, Smoked Lancashire cheese, gherkins, beef tomato, baby gem lettuce and our own spicy tomato chutney. Served on an oven baked ciabatta with beer battered onion rings and skinny fries.

**THE HUNTSMANS BURGER £13.50**  
Two 5oz minced game burgers topped with streaky bacon, Garstang Blue cheese, gherkins, beef tomato, baby gem lettuce and our own spicy tomato chutney. Served on an oven baked ciabatta with beer battered onion rings and skinny fries. **50p from each Huntsmans Burger sold will be donated to Morecambe Road School in memory of our late Headchef, Craig Johnson**

## DESSERTS

**CHOCOLATE & CHERRY CHEESECAKE £5.95**  
With crème anglaise & toffee crunch ice cream

**LEMON TORTE £5.95**  
With wild berry compote and raspberry ripple ice cream

**STICKY TOFFEE PUDDING £5.95**  
With toffee sauce and vanilla ice cream